



Thrive in Pharmacy – May 2019 TiP

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NDSS redundant stock exchange

There have been some significant changes to the NDSS schedule since 1 December 2018. Due to this, pharmacy Access Points may have been left with NDSS stock that is now redundant.

To assist any Access Points that may have redundant NDSS stock left in store, there will be a one-off opportunity to exchange redundant products for alternative products currently on the NDSS Product Schedule. This arrangement is to support Access Points in aligning their NDSS stock with the product needs of their customers.

Redundant stock can be any blood glucose testing strip (BGTS) or syringe/pen needle product that has been listed on the NDSS Product Schedule since 1 July 2016. Redundant items are those for which there is no current demand from customers, due to changing usage patterns, or due to their removal from the Schedule.

Access Points will be able to exchange up to a maximum volume of:

- 12 x 100 pack of Blood Glucose Testing Strips (BGTS) or equivalent volume (1200 Strips)
- 12 x 100 pack of Syringes/Pen Needles (1200 Syringes/Pen Needles)

The exchange will be on a like-for-like basis, i.e. BGTS may be exchanged for alternate BGTS, and Syringes/Pen Needles for alternate Syringes/Pen Needles. Please note that this activity does not include any Insulin Pump Consumables (IPCs), Continuous Glucose Monitoring, or Urine Testing Strip products.

This redundant stock exchange activity will be available to all Access Points from Wednesday May 22nd, 2019 and **will conclude on Wednesday June 19th, 2019**. Each Access Point will have **only one (1) opportunity to conduct an exchange** for alternative stock in this period.

Access Points should ensure that their email address listed with Diabetes Australia is up to date, and if unsure, contact the NDSS Helpline on 1300 136 588 to check that Diabetes Australia have the correct details on file.

Further details regarding this redundant stock exchange program, including important login information to access the program, will be emailed to Access Points directly in the coming weeks, and there will be further details on NDSS Connect.

Please contact the NDSS Helpline on 1300 136 588 if you have further queries.



PEACE and LOVE - Two new acronyms for soft tissue injuries

Forget RICER - Next time a patient hobbles in with a sprained ankle, maybe all they need is PEACE and LOVE — [read more](#)

65% of Natural Medicines purchased at pharmacies

Of the people who purchase vitamins, minerals and/or supplements in 2018, 65% purchased them from what Roy Morgan describes as “pharmacies and chemists, such as Chemist Warehouse, My Chemist or Priceline”.

Another 27% purchased their vitamins, minerals and supplements from supermarkets.

[Read more](#)

For many pharmacies Natural Medicines is the highest selling (\$) FOS department, almost double the second largest which is Digestive Health.

Skipping breakfast raises risk of dying of CVD

Skipping breakfast may help some patients lose weight but it also puts them at increased risk of death from cardiovascular disease, especially stroke, according to US research..... The risks were independent of other risk factor such as age, sex, diet and lifestyle factors, and BMI, the researchers said. [Read more](#)

Women snore as much as men, but don't admit it

We may need to approach **sleep apnoea** differently in women, with a new study finding that women snore as much as men, but don't own up to it. [Read more](#)

10 things that influence how pharmacists feel about their work

Australian researchers have identified the top causes of pharmacist stress to help improve job satisfaction and reduce job turnover.

Number 1 is **Pharmacist-patient relationships**: A greater role in patient care boosts job satisfaction. But increased time pressures, ignorance of pharmacists' responsibilities and patients with “agendas” add to dissatisfaction. [Read more](#)

Delusions of grandeur

Sometimes the perceptions that owners have about how their pharmacy is performing may be nothing more than an illusion, say Bruce Annabel and Mal Scrymgeour. [Read full article](#)



Six common mistakes pharmacies are making with their social media

Number 1 is consistency - Everyone initially is excited when they first create a social media profile for their pharmacy. They are all amped about the shiny new marketing strategy, but then 3 months later they have already forgotten about it. [Read more](#)

Why health solution care is better than companion or up-selling



"Would you like to try some of our over-the-counter drugs while you wait for your prescription?"



"...which in turn will cause side effects of nausea, for which I'm giving you Trilytol, which will induce temporary blindness, which I'll counteract with..."

